

**MGTV-15**  
**SUBJECT TO CHANGE**  
**WEEK Of JULY 16, 2018**

Time	Mon. 7/16	Tue. 7/17	Wed. 7/18	Thur. 7/19	Fri. 7/20	Sat. 7/21	Sun. 7/22
9:00am	Fit For Duty/ Yoga Pilots	Fit For Duty/ Pushing For Power	Fit For Duty/ Yoga For Golf		Fit For Duty/ Latin Dance	Planning Commission Replay	Fit For Duty/ Yoga For Runners
9:30am	Greenworks/ Green Building	Greenworks/ Dealing With Waste	Monroeville At Your Service		Eat Smart For Your Health	Fit For Duty/ Chair Exercises	Brain Injurj
10:00am	Recon/ Stolen Valor	Blood Brothers	In The Fight	Planning Commission Replay	Armed With Science	Capitol Connection	Greenworks/ Dealing With Waste
10:30am	Your Kidneys & You	Carpal Tunnel	Capitol Connection	Fit For Duty/ Circuit Training	Greenworks/ Eat Locally	In The Fight	Mission Of Music
11:00am				Steady On Your Feet		Monroeville At Your Service	Greenworks/ Youth Action
11:30am				Recon/ Coast Guard			
12:00pm	<b>Council Meeting - Replay</b>	Recon/ Strike Package	Recon Game Changer	Monroeville At Your Service	Combat Camera		Put Some Spring In Your Step
12:30pm	Desert Vision	Greenworks/ Envromental Careers	Greenworks/ Biodiversity		Greenworks/ In The City		Recon/ Future Soldier
1:00pm	Monroeville At Your Service	In The Fight	Closer Look Alliance	Capitol Connection	Riverine Warriors	Ergonomics To Prevent Injuries	Greenworks/ Choose To Reuse
1:30pm	In The Fight	Greenworks/ Environmental Pioneer	Managing Type 2 Diabetes	Breast Cancer	Arthritis Prevention	Command Performance	In The Fight
2:00pm	Organ Transplant Pgm.	Recon/ 2008 Reloaded	American Veterans/ Tuscan Airmen	Navy Counter Terrorism	In The Fight	Fraud Files.	Recon Battling The Odds
2:30pm		Capitol Connection	Greenworks/ And The Award Goes To	Reverse Mortgage Explained	Greenworks/ Bay To PA	Greenworks/ Eat Locally	
3:00pm							
3:30pm							
4:00pm					Planning Commission Replay		
5:00pm							
6:00pm							Planning Commission Replay
6:30pm							Ground To Air
7:00pm	Reverse Mortgage A Unique Financial Option	Monroeville At Your Service		Carpal Tunnel	Monroeville At Your Service	Planning Commission Replay	Monroeville At Your Service
7:30pm	Capitol Connection	In The Fight	Planning Commission Live	Too Good To Be True	American Veterans/ Health Benefits	American Vets/ Landmark	AF Horizons For Honorus
8:00pm	Seven Families Of Old Patton Twp.	Balance Training		Closer Look/ Afghanistan Crossroads	Greenworks/ Ecological Home	Greenworks/ Protecting Our Children's Health	Joint Replacement
8:30pm	Tour Of Duty/ Camp Humphrey	War Against Japan		Greenworks/ Environmental Pioneer	Tour Of Duty	Gettysburg Battle	Vietnam Wall Stories
9:00pm	Strength & Conditioning	Greenworks/ Our Watersheds 2		Recon/ Big Muddy	Greenworks/ Water Resources	Engaging Africa	Capitol Connection
9:30pm	Future Soldier	Am Vets/ Amputees		Greenworks/ Dealing With Waste	WW I Good For Medicine	USS Constitution	Marine Mseum
10:00pm							