

**MGTV TV- 15**  
**SUBJECT TO CHANGE**  
**WEEK OF APRIL 23, 2018**

Time	Mon. 4/23	Tue. 4/24	Wed. 4/25	Thur. 4/26	Fri. 4/27	Sat. 4/28	Sun. 4/29
9:00am	Fit For Duty/ Circuit Training	Fit For Duty/ Yoga For Runners	Fit For Duty/ Pushing For Power	Fit For Duty/ Yoga For Golf	Fit For Duty/ Chair Exercises	Fit For Duty/ Yoga/ Pilates	Fit For Duty/ Latin Dance
9:30am	Greenworks/ Economic Home	Diabetes Prevention	Organ Transplant Pgm.	Greenworks/ Echoes through Penns Woods	Reflections Of Monroeville	Future Soldier	Greenworks/ Protecting Our Children's Health
10:00am	Recon/ Conquering The Climb	Greenworks/ Home Green Home	Greenworks/ Return Of The Raptor	In The Fight	Naval School	Greenworks/ Touch The Water	Lives & Lyrics
10:30am	Ergonomics To Prevent Injuries	American Veterans/ Health Benefits	Recon/ Big Muddy	Greenworks/ Environmental Pioneer	Breast Cancer	Armed With Science	Gettysburg Battle
11:00am							
11:30am							
12:00pm	Planning Conmission Replay	In The Fight	Put Some Spring In Your Step	Two Fields One Team	Tour Of Duty	In The Fight	Rising Sun Education
12:30pm	Closer Look :Big Picture	Greenworks/ Our Watersheds	Recon Mission Of Mercy	Greenworks/ Happy Campers	Greenworks/ Living Communities	Greenworks/ Raying The Sun	Greenworks/ Biodiversity
1:00pm	Arthritis Prevention	Gettysburg Battle	Greenworks/ Water Resources	In The Fight	Bragging Rights #2	Vietnam Wall Stories	Command Performance
1:30pm	Recon/ Conspicuous Courage	Strength & Conditioning	Too Good To Be True	Joint Replacement	Fraud Files	Organ Transplant Pgm.	Managing Type 2 Diabetes
2:00pm	Greenworks/ Eniro Innovations	Greenworks/ A river Sojourn	AF Horizons For Hondorus	Recon/ Riverine Warriors	Greenworks/ Choose To Reuse	Greenworks/ Bay To PA	Coast Guard
2:30pm							
3:00pm							
3:30pm							
4:00pm							
5:00pm							
6:00pm							Raising Oliver
6:30pm							Greenworks/ Touch The Water
7:00pm	WW 1 Good For Medicine	Recon/ Vietnam Wall Stories	Closer Look Leadership	Lighter Than Air	Combat Camera	Rising Sun/ The Aquarium	Recon/ Prosthetics
7:30pm	Greenworks/ Environmental University	ID Crisis	Greenworks/ Cleaning The Air	Your Kidney's & You	Greenworks/ Eat Locally	Recon/ 2008 Reloaded	Greenworks/ Polution Prevention
8:00pm	War Against Japan	Uss Constitution	American Veterans/ Tuscan Airmen	Marine Museum	Strike Package	Greenworks/ Environmental Art	American Veterans/ Amputees
8:30pm	Balance Training	Steady On Your Feet	Seven Families Of Old Patton Twp.	Greenworks/ In The City	Eat Smart For Your Health	Whitetail Deer Of PA	Reflections Of Monroeville
9:00pm	In The Fight	Blood Brothers	Greenworks/ Environment In The Home	Recon/ Inner Energy	Engaging Africa	Recon/ Stolen Valor	Greenworks/ Environmental Careers
9:30pm	PA Elk	Greenworks/ Erie & It's Environment	In The Fight	Polution Solutions & Results	Black Bear Of PA	Greenworks/ Living Communities	Freedom Watch